

**MeAIMH MEMBERSHIP  
APPLICATION**

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Profession/Practice: \_\_\_\_\_

**Amount Enclosed (Circle one)**

**Agency Membership \$150.00**

5 copies of the Newsletter and other publications, 10% discount for any five staff members at MeAIMH-sponsored events.

**Individual Membership \$35.00**

Individual copy of the Newsletter and other publications, 10% discount at MeAIMH-sponsored events.

**Student Membership \$20.00**

Same benefits as individual; please provide name of agency or institution at which you are studying on a full- or part-time basis.

**Donation \$ \_\_\_\_\_**

Because membership dues only partially off-set the expenses of the Association, donations in excess of dues are extremely valuable.

Dues and donations are both tax-deductible. Make check payable to: MeAIMH, Inc. The membership year is January 1<sup>st</sup> to December 31<sup>st</sup>. Detach the completed application and mail to:

Debra Nugent Johnston

MeAIMH Executive Coordinator

592 Sawyer Road, Greene, ME 04236

Phone/Fax: 207-375-8184

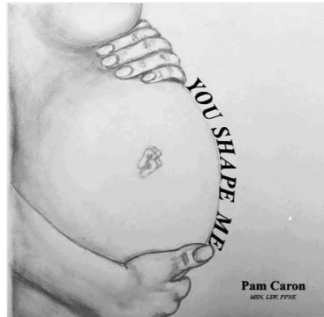
E-mail: maineinfantmh@gmail.com

If you are not now a member of the Association, and would like to join and take advantage of the 10% discount in conference registration costs and 3 free months of membership, you may either join as an Individual Member to December 31, 2023 upon payment of \$35 or as an agency member for \$150.00. For either option, please complete the above form, in addition to the conference registration form on the reverse side.



**The Maine Association for  
Infant Mental Health**

***You Shape Me***



***Where Our  
Story  
Begins***

**Featuring  
Pam Caron, MSN, LSW, PPNE**

**With Guest Presenters  
Michael Trout, MA  
Susan Highsmith, PhD  
Barbara Decker, HBCE, PPNE, BA**

**October 7, 2022  
8:15 AM – 3:45 PM  
Lake Region Vocational Center  
1879 Roosevelt Trail  
Naples, Maine 04055**



**Maine Association for Infant Mental Health, Inc.  
Children's Healthy Early Relationships Invite Success and Hope  
-Since 1979-  
592 Sawyer Road, Greene, Maine 04236**

## KEYNOTE PRESENTER

**Pam Caron** has over 35 years of experience working with children and their families. She is a pre and perinatal educator, a nurse, a licensed social worker, a certified lactation consultant, infant mental health specialist, and parent educator. She is an early childhood teacher and an early childhood occupations instructor. Pam serves as adjunct faculty in early childhood and is an early childhood consultant. She is a Reiki master and prenatal/early childhood yoga instructor. Being a mom and a grandmother are her greatest gifts. She loves her life's work. She believes this incredible journey is fostered through connection from the very beginning, prior to conception.

## GUEST PRESENTERS:

**Michael Trout** has been in the mental health field since 1968, and in private practice since 1979. Mr. Trout directs an institute engaged in research, clinical practice and clinical training related to problems of attachment.

**Barbara Decker** is a 50 year veteran of Childbirth Education. She transitioned to Hypnobirthing and is a doula, Master Hypnobirthing Teacher Trainer, and a Prenatal Perinatal Educator (APPPAH).

**Susan Highsmith** is an author, counselor, and educator holding a PhD in Prenatal and Perinatal Psychology as well as a Doctorate in Divinity. She has written four books designed to be read to babies in the womb.

**More information will be in conference packets.**

### Conference Overview

"How we are welcomed into this world matters and influences us for the rest of our lives. Birth Psychology is a field of study that explores the lifelong impact of our earliest conscious awareness beginning in the womb. Our pregnancy, birth, and attachment experiences have an ongoing and cascading effect on shaping our adult lives. These foundational relationships, in turn, impact our world in a profound way." APPPAH 2021

## OBJECTIVES

- Participants will define birth psychology and principles that nurture human potential and optimize relationship from the beginning.
- Participants will discuss their role in babies' narratives from preconception through the postnatal period.
- Participants will discuss the prenatal mental life of mothers intending to relinquish their babies and of the babies lying inside, waiting to be relinquished.
- Participants will discuss the learning capabilities of babies in the womb and the value of parents reading to them in the womb.
- Participants will describe the sentience of our babies in the womb and how the mother's mental state and regulation can improve the outcome of the baby's challenges.

### Schedule of the Day

8:15 – 8:45	Registration
8:45 - 9:00	Michael Sandberg: Welcome and History of Infant Mental Health in Maine
9:00 - 10:45	Pam Caron: A Look at Birth Psychology Principles Through a Baby's Narrative
10:45 -11:00	Break
11:00 – 12:00	Michael Trout: The Power of the Prenatal Mother-Baby Bond and Adoption
12:00 - 1:00	Lunch
1:00 - 2:00	Susan Highsmith Storytelling: a Tool to Enhance Bonding with Babies
2:00 - 2:15	Break
2:15 - 3:15	Barbara Decker: How Love Can Conquer Possible Challenges of Babies in the Womb
3:15 – 3:45	What Now? Practical Implications

## REGISTRATION

Registration is **\$150.00** for non-members and **\$135.00** for **MeAIMH members and Conference Sponsors**. Lunch is included. University of Maine and Psychology CEUs will be available. All participants will receive a certificate for 5.0 contact hours.

**NO REFUNDS OF REGISTRATION FEES ARE POSSIBLE AFTER September 30, 2022**

Name \_\_\_\_\_

Agency/Position \_\_\_\_\_

Mailing Address \_\_\_\_\_  
\_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_

MeAIMH Member or Sponsor \_\_\_ Yes \_\_\_ No

If so, which organization  
\_\_\_\_\_

AMOUNT ENCLOSED \$ \_\_\_\_\_

(or Purchase Order #)

Make Check Payable to MeAIMH, Inc.

Registration online is also available through  
PayPal by visiting our website:  
[www.infantmentalhealth.org](http://www.infantmentalhealth.org)

Please indicate any special accommodations  
required: \_\_\_\_\_

Please return to

Conference 2022 c/o Debra Nugent Johnston,  
592 Sawyer Road, Greene, Maine 04236, by **9/30/22**  
with your check payable to MeAIMH or aPurchase  
Order Number. Or visit our Web site.

Questions to Debra at phone/fax 207-375-  
8184 or e-mail [maineinfantmh@gmail.com](mailto:maineinfantmh@gmail.com)

